PARENT WORKSHEET

Prepare one recurring issue

Choose one moment that keeps coming up. A line or two for each question is enough.

Use this for your own notes. Please keep the completed sheet out of your first enquiry.

01 What does the plan say?

Find the passage about this part of the day. Which detail does it leave open?

02 What keeps happening?

Describe one recent occasion. Who was expecting what, and when?

03 What does your child experience?

Think about what your child had to wait for, miss or explain. Use what you observed.

04 What have you already tried?

Did a calendar entry, a message or a different routine help, even once?

05 What one detail would you like to clarify?

Name a small change. How would you know, next time, that it had helped?

For personal use. The website does not collect these answers.